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> COVID-19

COVID-19 (novel coronavirus)

This section provides the latest updates, information and advice on COVID-19.

Current situation

New Zealand has **647** confirmed and probable cases of COVID-19. For a summary of the current status see our <u>latest media release</u> (31 March). More information is available on our <u>current cases page</u>. With continued vigilance the chance of widespread community outbreak is expected to remain low.

New Zealand is currently at Alert Level 4 - Eliminate

These alert levels specify the public health and social measures to be taken. Nationwide, New Zealand is currently at Level 4 – Eliminate. This means that it is likely that the disease is not contained. See more information about Alert levels.

Find out how to look after your mental health and wellbeing during Alert Level 4.

Health and care workers – expressions of interest for COVID-19 response

We are seeking expressions of interest from health and care professionals who are able and willing to work for a limited amount of time as part of the national strategic approach to managing COVID-19. Find out more

Personal Protective Equipment (PPE)

What's important for you to know about PPE for essential workers

For COVID-19 health advice and information, contact the Healthline team (for free) on $0800\ 358\ 5453$ or $+64\ 9\ 358\ 5453$ for international SIMS.

Health advice for the public

- · Latest advice: Symptoms, prevention, treatment, how it spreads & more
- Self-isolation
- Contact tracing
- Face mask and hygiene advice
- Home care information
- Questions and answers
- Wellbeing at Alert Level 4

Information for:

- Health professionals
- Accommodation providers
- Airline staff
- Border sector
- Cleaning services
- Disability and aged care providers
- <u>Disabled people</u>
- Funerals and tangihanga
- Older people
- Personal protective equipment for essential workers
- Pregnant women
- Public events and mass gatherings
- Travellers arriving to NZ
- Workplaces

Current situation

- Current cases
- Border controls
- Epidemic Notice
- Essential health & disability services
- COVID-19 modelling reports

News and media updates

- 31 March 58 new cases
- 31 March Media update
- 31 March COVID-19 modelling reports
- 30 March 76 new confirmed cases

All news and media updates

Information about current cases

Resources

- New Zealand Sign Language
- Easy Read
- Information sheets for the general public
- Posters
- Ministry social media
- Information in other languages

Latest updates

Our advice is under active review and is updated regularly. The latest updates include the following changes to the website:

31 March:

- Managing patients and reporting using Telehealth and online tools includes information sharing advice for health professionals
- <u>Updated information on wellbeing at Alert Level 4</u>
- Information for providers of housing support
- COVID-19 modelling reports

30 March:

- Information for pregnant women & new mothers
- New guidance on funerals and tangihanga
- Updated advice for health professionals
- PPE used by community-based midwives for prevention of COVID-19
- Updated information for disability and aged care providers on Alert Level 4
- New information for funeral directors on management of deaths due to COVID-19

29 March:

Current cases, full details and cluster information updated

28 March:

- Current cases, full details and cluster information updated
- Self-isolation for close contacts and travellers updated
- PPE for essential workers resources updated
- Advice for travellers updated

27 March:

- Advice for aged care providers has moved
- Updated close contact definition
- Guidance on use of personal protective equipment
- Updated face mask and hygiene advice

26 March:

- <u>Updated self-isolation or low-level quarantine requirements</u>
- Updated current case details
- <u>Updated essential services in the health and disability system with list of hospital services</u>
- Increasing the health workforce capacity we are seeking expressions of interest from health and care professionals

25 March:

- Updated New Zealand passenger arrival measures
- Information on essential health and disability services
- COVID-19 Epidemic Notice
- Advice for older people









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Where to go for help

Emergencies

Dial 111 (for ambulance, fire or police)

Healthline

Dial 0800 611 116

Poisons

Dial 0800 POISON (0800 764 766)

Mental health crisis

Emergency contact numbers

New Zealand Government

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